WEEKLY

PROGRAMME

Teens

Look out for our 'Like a Local' experiences, highlighted throughout the programme !

For all items marked with an asterisk (*), prior booking is required at the Guest Experience Counter from 08:00 am to 07:30 pm.

For all items marked with two asterisks (**), an extra charge may apply.

Outdoor activities are weather-dependent and may be modified, rescheduled, or cancelled at short notice for safety reasons.
Please check with Guest Experience Counter for the latest updates.

Conditions and supplements may apply depending on your package.

MONDAY

09:00 am	Archery session Meeting point next to the tennis court
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting at the Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting point at the Entertainment Cabana
04:00 pm	Bocce ball Meeting point at the Entertainment Cabana
04:30 pm	Beach Volley Meeting point: Kid's club

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TUESDAY

09:00 am	Guided bike tour to Goodlands village** Meeting point: Kid's Club
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting point at the Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Learn the Sega *The traditional Mauritian dance - join in!* Meeting point: Entertainment Cabana
04:00 pm	Learn a few words of Creole Meeting point at the Entertainment Cabana
04:30 pm	Beach soccer Meeting point at the Kid's club
05:00 pm	Tai-chi session - Meeting at Entertainment Cabana

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WEDNESDAY

09:00 am	Archery Meeting point: Next to Tennis court
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting point at the Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting point at the Entertainment Cabana
04:00 pm	Bocce ball Meeting point at the Entertainment Cabana
04:30 pm	Beach Soccer Meeting point at the Kid's club
05:00 om	Yoga Meeting point at the Entertainment Cabana

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THURSDAY

09:00 am	Stretching session Meeting at the Kid's Club
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting point at the Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting point at the Entertainment Cabana
04:00 pm	Learn a few words of Creole Meeting point at the Entertainment Cabana
04:30 pm	Beach Volley Meeting point at the Kid's club
05:00 om	Tai-chi session Meeting point: at the Entertainment Cabana

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FRIDAY

09:00 am	Guided bike tour to Goodlands village** Meeting point: Kid's Club
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting point: Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting point: Entertainment Cabana
04:00 pm	Bocce ball Meeting point: Entertainment Cabana
04:30 pm	Beach Volley Meeting point: Kid's club
05:00 om	Yoga Meeting point: Entertainment Cabana

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SATURDAY

09:00 am	Guided bike tour to Goodlands village** Meeting point: Kid's Club
10:00 am	Pilates Meeting point: Kid's Club
11:00 am	Aqua gym at the main pool
01:30 pm	Table tennis Meeting point: Entertainment Cabana
02:30 am	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting point: Entertainment Cabana
04:00 pm	Learn a few words of Creole Meeting point: Entertainment Cabana
04:30 pm	Beach Soccer Meeting point: Kid's club

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SUNDAY

09:00 am	Abdominal session – Meeting at
11:00 am	Aqua gym at the main pool
01:00 pm	Table tennis – Meeting at Entertainment Cabana
02:30 pm	Water Polo at the main pool
03:30 pm	Mauritian traditional games Meeting at Entertainment Cabana
04:00 pm	Bocce ball – Meeting at Entertainment Cabana
04:30 pm	Beach soccer – Meeting at the Kid's club

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