

WEEKLY PROGRAMME

09TH – 15TH NOVEMBER

Look out for our 'Like a Local' experiences,
highlighted throughout the programme!

For all activities marked with an asterisk (*), prior booking is required at the reception from 08:00 am to 07:30 pm.

Outdoor activities are weather-dependent and may be modified, rescheduled, or cancelled at short notice for safety reasons.
Please check with reception for the latest updates.

Conditions and supplements may apply depending on your package.

MONDAY 09TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:30 am	Relaxation Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:30 & 11:30 am	Glass-bottom boat trip*
11:00 am	Aquagym
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
02:00 pm	Boccia games
02:30 – 03:30 pm	Guided snorkelling aboard Ekol'O, our floating eco-education centre*
03:00 – 06:00 pm	Afternoon tea at Taba-J
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
08:00 – 10:30 pm	Duo Musical by Antoine Louis

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TUESDAY 10TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:30 am	Fitness Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:00 am	All-day catamaran cruise*
10:30 am	Cooking class at Kot Nou restaurant *Learn to cook, the local way!*
10:30 & 11:30 am	Glass-bottom boat trip*
11:00 am	Aquagym
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
02:00 pm	Snorkelling trip*
02:00 pm	Table tennis
03:00 – 06:00 pm	Afternoon tea at Taba-J
06:30 pm	Dinner at a Mauritian family home *The highlight of the stay!*
07:00 – 10:00 pm	À la carte dinner at Kot Nou *Our signature restaurant for homemade Mauritian cuisine.*
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
08:30 – 10:30 pm	Live music *Local got talent!*

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WEDNESDAY 11TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:00 am	Body balance Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:30 & 11:30 am	Glass-bottom boat trip*
11:00 am	Aquagym
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
02:00 pm	Snorkelling trip*
02:00 pm	Introduction to a local instrument Meeting point: Le Shaker Bar
03:00 – 06:00 pm	Afternoon tea at Taba-J
06:30 pm	Happy hour at Le Shaker Bar: buy one cocktail, get one free
07:00 – 10:00 pm	À la carte dinner at Kot Nou *Our signature restaurant for homemade Mauritian cuisine.*
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
09:00 – 09:45 pm	Sega evening *Dance like a local!*
09:45 – 11:00 pm	Music with DJ

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THURSDAY 12TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:00 am	Stretching Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:00 am	All-day catamaran cruise*
10:30 am	Cooking class at Kot Nou restaurant *Learn to cook, the local way!*
10:30 & 11:30 am	Glass-bottom boat trip*
10:30 am	Demo massage at Le Shaker Bar
11:00 am	Aquagym
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
02:00 pm	Snorkelling trip*
02:00 pm	Boccia games near Kids Club
03:00 – 06:00 pm	Afternoon tea at Taba-J
07:00 – 08:00 pm	Cinema under the stars
07:00 – 10:00 pm	Lobster menu at Kot Nou restaurant*
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
09:00 – 11:00 pm	Music with DJ

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FRIDAY 13TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:30 am	Meditation Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:30 am	Nearby village visit Meeting point: Le Shaker Bar
10:30 & 11:30 am	Glass-bottom boat trip*
11:30 am	Mocktail workshop at Le Shaker Bar
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
02:00 pm	Guided snorkelling aboard Ekol'O, our floating eco-education centre*
03:00 – 06:00 pm	Afternoon tea at Taba-J
06:30 – 08:00 pm	Happy hour cocktail at Le Shaker Bar
07:00 – 10:00 pm	À la carte dinner at Kot Nou *Our signature restaurant for homemade Mauritian cuisine.*
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
09:00 – 09:45 pm	African performance
09:45 – 11:00 pm	Music with DJ

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SATURDAY 14TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
10:00 am	Hotel visit & information Meeting point: Reception
10:00 am	All-day catamaran cruise*
10:30 & 11:30 am	Glass-bottom boat trip*
11:00 am	Aquagym
12:00 – 02:30 pm	Lunch at Taba-J *The go-to spot for 100% local street food!*
12:30 – 02:30 pm	Lunch at Le Cap restaurant
03:00 – 06:00 pm	Afternoon tea at Taba-J
07:00 – 10:00 pm	À la carte dinner at Kot Nou *Our signature restaurant for homemade Mauritian cuisine.*
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
08:30 – 10:30 pm	Live dance band with Mariniero

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SUNDAY 15TH NOVEMBER

05:00 – 07:00 am	Continental breakfast*
07:00 – 10:00 am	Breakfast buffet at Le Cap restaurant
09:30 am	Morning walk Meeting point: Le Shaker Bar
10:00 am	Hotel visit & information Meeting point: Reception
10:30 & 11:30 am	Glass-bottom boat trip*
12:30 – 02:30 pm	Lunch (Island flavours) at Le Cap restaurant
02:00 pm	Snorkelling trip*
02:00 pm	Boccia games near Kids Club
03:00 pm	Mauritian Creole lesson Meeting point: Le Shaker Bar
03:00 – 05:00 pm	Afternoon tea at Le Shaker Bar
06:00 – 06:30 pm	Local rum tasting at Le Shaker Bar
07:00 – 10:00 pm	Buffet dinner at Le Cap restaurant
07:30 – 09:30 pm	Live saxophonist

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