



Weekly program

Sport & Entertainment Program

Monday

09:00	Archery Session – Meeting next to tennis court
10:00	Pilates session – Meeting at the kid's club
11:00	Aqua gym at the main pool
13:30	Table tennis – Meeting at the Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games at Entertainment Cabana
16:00	Bocce ball – Meeting at the Entertainment Cabana
16:30	Beach Volley – Meeting at the kid's club
17:00	Yoga session – Meeting at the Entertainment Cabana
20:30	Quartet Band at Siro Kann bar
21:00	Salsa initiation by Ritmik Entertainment at Siro Kann bar

Tuesday

- 09:00** Guided bike tour – Visit to Goodlands
Meeting point at the kid's club
(With supplement)
- 11:00** Aqua Gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Sega initiation – Meeting at Entertainment Cabana
- 16:00** Creole lesson – Meeting Entertainment Cabana
- 16:30** Beach soccer – Meeting at the kid's club
- 17:00** Tai-chi session - Meeting at Entertainment Cabana
- 18:30** Management cocktail near Taba-J
- 21:00** Sega show by Ritmik Entertainment at Siro Kann bar
- 21:00** Stargazing session - Near Kot Nou restaurant
- 21:40** Dj's Night at Siro Kann bar

Wednesday

09:00	Archery Session – Meeting next to tennis court
11:00	Aqua Gym at the main pool
13:30	Table tennis at Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games – Meeting at Entertainment Cabana
16:00	Bocce ball– Meeting at Entertainment Cabana
16:30	Beach soccer - Meeting at kid's club
17:00	Yoga session – Meeting at Entertainment Cabana
20:30	Cabaret Night by Eddy Fok Shan at Siro Kann Bar
21:00	80's Show by Ritmik entertainment at Siro Kann bar

Thursday

09:00	Stretching session –Meeting at the kid's club
11:00	Aqua Gym at the main pool
13:30	Table tennis – Meeting at Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games- Meeting at Entertainment Cabana
16:00	Creole lesson - Meeting at Entertainment Cabana
16:30	Beach volley – Meeting at the kid's club
17:00	Tai-chi session - Meeting at the Entertainment Cabana
20:30	Quartet Band at Siro Kann bar
21:00	Bollywood show by Ritmik entertainment at Siro Kann bar

Friday

- 09:00** Guided bike tour – Visit to Goodlands – Meeting point at the kid's club (With supplement)
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games- Meeting at Entertainment Cabana
- 16:00** Bocce ball - Meeting at Entertainment Cabana
- 16:30** Beach volley – Meeting at the Kid's club
- 17:00** Yoga session – Meeting at Entertainment Cabana
- 20:30** Latin vibe by Nicol Juste at Siro Kann bar

Saturday

- 09:00** Guided bike tour – Visit to the village of Cap Malheureux - Meeting point at the kid's club (With supplement)
- 09:00** Pilates session – Meet at the kids' club
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games – Meeting at Entertainment Cabana
- 16:00** Creole lesson – Meeting at Entertainment Cabana
- 16:30** Beach soccer – Meeting at the kid's club
- 19:00** Aperro game at Siro kann bar
- 21:00** Led Show by Ritmik Entertainment at Siro Kann bar
- 21:40** DJ's night at Siro Kann bar

Sunday

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| 09:00 | Abdominal session – Meeting at the kid’s club |
| 11:00 | Aqua gym at the main pool |
| 13:30 | Table tennis – Meeting at Entertainment Cabana |
| 14:30 | Water Polo at the main pool |
| 15:30 | Mauritian traditional games -
Meeting at Entertainment Cabana |
| 16:00 | Bocce ball – Meeting at Entertainment Cabana |
| 16:30 | Beach soccer – Meeting at the kid’s club |
| 20:30 | Lindy & Friends at Siro Kann bar |