



WEEKLY ENTERTAINMENT PROGRAMME

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Conditions apply as per package booked. Feel free to ask for more information at the Guest Experience Counter.

MONDAY

08:00 am	5 km Run - Meeting point Sports Village*
08:00 am	Sound Bath - Meeting point at the Riviera*
09:30 am	Yoga - Meeting point at the Riviera*
11:00 am	Pilates - Meeting point at the Riviera*
02:00 pm	Core workout – Meeting point Sports Village*
03:30 pm	Beach volley competition on the Beach
04:00 pm	Workout of the day - Meeting Point Sports village*
05:00 pm	Stretch - Meeting point at Boathouse*
07:30 pm	Enjoy live music with the New Jazz Orleans Group across our restaurants
09:00 pm	Culturel show on pool bar
10:30 pm	DJ night at the Pool Bar
11:00 pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies

TUESDAY

08:00 am	Bodyump - Meeting point Sports Village**
08:00 am	Vinyasa - Meeting point at the Riviera*
09:30 am	Strength and conditioning - Meeting point Sports Village*
11:00 am	Pilates - Meeting point at the Riviera*
11:30 am	Aqua Gym at the main pool
02:30 pm	Health Track - Meeting point Sports Village
03:30 pm	Bocce Ball game - Meeting point Entertainment kiosk
04:00 pm	Abs + core workout - Meeting Point Sport Village*
05:00 pm	Stretch - Meeting point at Boathouse*
06:30 pm	Live Piano Bar at the pool Bar
07:30 pm	DJ night at the Pool Bar
11:00 pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Wednesday

08:00 am	Run Intervals - Meeting point at Sports village*
08:00 am	Sound Bath - Meeting point- The Riviera*
09:30 am	Yoga - Meeting point - The Riviera*
11:00 am	Pilates - Meeting point - The Riviera*
02:30 pm	Learn creole basics at the Entertainment Kiosk
03:00 pm	Boxfit - Meeting point Sports Village*
03:30 pm	Volleyball competition on the beach
04:00 pm	Workout of the day at the Sports Village*
05:00 pm	Stretch - Meeting point at Boathouse*
07:30 pm	Live music with Joce and Jess across our restaurants
08:30 pm	Steel Grooving band performance on the Dancefloor
10:30 pm	DJ night at the Pool Bar
11:00 pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Thursday

08:00 am	Bodypump - Meeting point at Sports village**
08:00 am	Sound Bath - Meeting point At Sport Village*
09:30 am	Vinyasa - Meeting point the Riviera*
11:00 am	Sup Yoga -Meeting Point Boathouse**
02:30 pm	Mauritian Games - Meeting point at the Entertainment Kiosk
03:00 pm	Strength and conditioning - Meeting point at the Sports Village*
03:00 pm	Beach Volley on the beach
04:00 pm	Abs and Core - Meeting Point Sports Village*
05:00 pm	Stretch - Meeting point Boathouse*
07:30 pm	Evening apéro & music at the Pool Bar
09:00 pm	Indian show at the pool bar
09:45 pm	DJ night at the Pool Bar
11:00pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Friday

08:00 am	Yoga - Meeting point at The Riviera*
09:30 am	Pilates- Meeting point at The Riviera*
11:00 am	Strength and conditioning - Meeting point Sports Village*
11:30 am	Aqua Gym at the main pool
02:30 pm	Healthtrack - Meeting Point Sports Village
03:00 pm	Workout of the Day - Meeting point Sport Village*
03:30 Pm	Bocce ball competition - Meeting point Entertainment Kiosk
05:00 pm	Stretch - Meeting point Boathouse*
05:30 Pm	Sundowner on the beach with Dj
07:30 pm	Lounge music at the Pool Bar
08:30 pm	Live music with Couleur Cafe band at the Pool Bar
10:30 pm	DJ night at the Pool Bar
11:00 pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Saturday

08:00 am	Sound Bath - Meeting point at the Riviera*
09:30 am	Vinyasa - Meeting point the Riviera*
11:00 am	Boxfit - Meeting point Sports Village*
11:30 am	Aqua Gym at the main pool
02:00 pm	Water Polo game at the main pool
03:00 pm	Abs + core workout - Meeting Point Sport Village
05:00 pm	Stretch and Recover - Meeting point Boathouse*
06:00 pm	Evening apéro & music at the Pool Bar
07:30 pm	Lounge music at the Pool Bar
08:00 pm	Couleur Cafe at the pool bar
09:00 pm	Sega show at the pool bar
10:30 pm	DJ night at the Pool Bar
11:00 pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.

Sunday

08:00 am	Run technique - Meeting point at Sports village*
09:30am	Yoga - Meeting point at the Riviera*
10:00 am	Sup Yoga - Meeting point at the Boathouse **
11:00 am	Pilates - Meeting point at the Riviera*
02:00 pm	Indian Pool tournament - at the Entertainment Kiosk
03:00 pm	Strength and conditioning - Meeting point Sports Village*
04:00 pm	Boxfit - Meeting point Sports Village*
05:00 pm	Stretch - Meeting point Boathouse*
06:30 pm	Live Piano Bar at the pool Bar
08:30 pm	Live music with Nula Groove band at the Pool Bar
10:30 pm	DJ night at the Pool Bar
11:00pm	Disco night at After night club (as from 16yrs)

* Prior booking required at least 24 hours in advance at the Sports Village, between 08:00 am and 07:30 pm.

** An extra charge applies.