



Weekly program

**Sport & Entertainment
Program**

Monday

- 09:00** Archery session – Next to tennis court
- 09:00** Pilates session – Meeting at the kids club
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at the Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games at Entertainment Cabana
- 16:00** Bocce ball – Meeting at Entertainment Cabana
- 16:30** Beach Volley – Meeting at the kid's club
- 17:00** Yoga session – Meeting at Entertainment Cabana
- 20:30** Quartet Band at Siro Kann bar
- 21:00** Salsa initiation at Siro Kann bar

Tuesday

- 09:00** Guided bike tour – Visit to Goodlands – Meeting point at the kid’s club
- 11:00** Aqua Gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Sega initiation – Meeting at Entertainment Cabana
- 16:00** Creole lesson – Meeting Entertainment Cabana
- 16:30** Beach soccer – Meeting at the kid’s club
- 17:00** Tai-chi session - Meeting at Entertainment Cabana
- 19:00** Management Cocktail at Taba-J
- 21:00** Sega show at Siro Kann bar
- 21:00** Stargazing - near Kot Nou Restaurant
- 21:40** Dj’s Night at Siro Kann bar

Wednesday

- 09:00** Archery session – Next to tennis court
- 11:00** Aqua Gym at the main pool
- 13:30** Table tennis at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games – Meeting at Entertainment Cabana
- 16:00** Bocce ball– Meeting at Entertainment Cabana
- 16:30** Beach soccer - Meeting at kid's club
- 17:00** Yoga session – Meeting at Entertainment Cabana
- 20:30** Cabaret night 70's and 80's at Siro Kann Bar
- 21:00** 80's Show at Siro Kann bar

Thursday

- 09:00** Stretching session – Meeting at the kid’s club
- 11:00** Aqua Gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games- Meeting at Entertainment Cabana
- 16:00** Creole lesson - Meeting at Entertainment Cabana
- 16:30** Beach volley – Meeting at the kid’s club
- 17:00** Tai-chi session - Meeting at the Entertainment Cabana
- 20:30** Quartet band at Siro Kann bar
- 21:00** Bollywood show at Siro Kann bar

Friday

- 09:00** Guided bike tour – Visit to Goodlands – Meeting at the kid’s club
- 09:00** Archery session – Meeting next to tennis court
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games- Meeting at Entertainment Cabana
- 16:00** Bocce ball - Meeting at Entertainment Cabana
- 16:30** Beach volley – Meeting at the Kid’s club
- 17:00** Yoga session – Meeting at Entertainment Cabana
- 20:30** Quartet band at Siro Kann bar

Saturday

- 09:00** Guided bike tour to the village of Cap Malheureux– Meeting at the kid’s club
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games – Meeting at Entertainment Cabana
- 16:00** Creole lesson – Meeting at Entertainment Cabana
- 16:30** Beach soccer – Meeting at the kid’s club
- 21:00** Cultural Show at Siro Kann bar
- 21:40** Dj’s night at Siro Kann bar

Sunday

- 09:00** Abdominal session – Meeting at the kid’s club
- 11:00** Aqua gym at the main pool
- 13:30** Table tennis – Meeting at Entertainment Cabana
- 14:30** Water Polo at the main pool
- 15:30** Mauritian traditional games - Meeting at Entertainment Cabana
- 16:00** Bocce ball – Meeting at Entertainment Cabana
- 16:30** Beach soccer – Meeting at the kid’s club
- 20:30** Quartet band at Siro Kann bar