



Weekly program

**Teens Sport &
Entertainment Program**

Monday

09:30	Archery session – Next to the tennis court
11:00	Aqua gym at the main pool
13:30	Table tennis at the Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Bocce ball at the Entertainment Cabana
16:30	Beach volley – Meeting at the kid's club
17:00	Yoga on the beach – Meeting at the Entertainment Cabana
20:30	Quarter Band at Siro Kann bar
21:00	Salsa initiation at Siro Kann bar

Tuesday

09:00 Guided bike tour – Visit to Goodlands –
Meeting point at the kid's club

11:00 Aqua Gym at the main pool

13:30 Table tennis at the Entertainment
Cabana

14:30 Water Polo at the main pool

15:30 Sega initiation at the Entertainment
Cabana

16:00 Creole lesson at the Entertainment
Cabana

16:30 Beach soccer – Meeting at the kid's
club

17:00 Tai-chi session Meeting at
Entertainment Cabana

19:00 Management Cocktail near Taba J

21:00 Sega show at Siro Kann bar

21:00 Stargazing near Kot Nou restaurant

21:40 Dj's Night at Siro Kann bar

Wednesday

09:00	Archery session – Next to the tennis court
11:00	Aqua gym at the main pool
13:30	Table tennis at the Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Bocce ball at the Entertainment Cabana
16:30	Beach soccer – Meeting at the kid's club
17:00	Yoga on the beach – Meeting at the Entertainment Cabana
20:30	Eddy Fok Shan at Siro Kan Bar
21:00	80's Show at Siro Kann bar

Thursday

09:00	Stretching session – Meeting at the kid's club
11:00	Aqua Gym at the main pool
13:30	Table tennis at the Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Creole lesson at the Entertainment Cabana
16:30	Beach volley – Meeting at the kid's club
17:00	Tai-Chi session – Meeting at the Entertainment Cabana
20:30	Bollywood show at Siro Kann bar
21:00	Quartet band at Siro Kann bar

Friday

09:00	Guided bike tour – Visit to Goodlands – Meeting point at the kid's club
09:00	Archery session – Meeting point next to the tennis court
11:00	Aqua gym at the main pool
13:30	Table tennis at the Entertainment Cabana
14:30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Bocce ball at the entertainment cabana
16:30	Beach volley – Meeting at the Kid's club
17:00	Yoga session - Meeting at the Entertainment Cabana
20:30	Quartet band at Siro Kann bar

Saturday

09:00	Guided bike tour to Cap Malheureux and DMC (Meeting at the kids club)
11.00	Aqua gym at the main pool
13.30	Table tennis at the Entertainment Cabana
14.30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Creole lesson at the Entertainment Cabana
16:30	Beach soccer – Meeting at the kid's club
19:00	Apero game at Siro Kann bar
21:00	Belly dance show Show at Siro Kann bar
21:40	Dj's night at Siro Kann bar

Sunday

09:00	Abdominal session – Meeting point at the kid's club
11:00	Aqua gym at the main pool
13.30	Table tennis at the Entertainment Cabana
14.30	Water Polo at the main pool
15:30	Mauritian traditional games at the Entertainment Cabana
16:00	Bocce ball at the Entertainment Cabana
16:30	Beach soccer - Meeting at the Kids Club
20:30	Quartet band at Siro Kann bar