



**Weekly program**

# **Teens Sport & Entertainment Program**

# Monday

<b>09:00</b>	Archery session – Next to tennis court.
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at the entertainment cabana
<b>16.00</b>	Bocce ball at the entertainment cabana
<b>16:30</b>	Beach Volley – Meeting at the kid's club
<b>17:00</b>	Yoga on the beach –Meeting at entertainment cabana
<b>20:30</b>	Quartet Band at Siro Kann bar
<b>21:00</b>	Salsa initiation at Siro Kann bar

# Tuesday

<b>09:00</b>	Guided bike tour – Visit to Goodlands – Meeting point at the kid's club
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Sega initiation at the entertainment cabana
<b>16.00</b>	Creole lesson at the entertainment cabana
<b>16:30</b>	Beach soccer – Meeting at the kid's club
<b>19:00</b>	Management Cocktail
<b>21:00</b>	Sega show at Siro Kann bar
<b>21:00</b>	Stargazing near Kot Nou Restaurant
<b>21:40</b>	Dj's Night at Siro Kann bar

# Wednesday

<b>09:00</b>	Archery session – Next to tennis court.
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at the entertainment cabana
<b>16:00</b>	Bocce ball– Metting at the entertainment cabana
<b>16:30</b>	Beach soccer - Meeting at kid's club
<b>17:00</b>	Yoga session – meeting at the kid's club
<b>20:30</b>	Eddy Fok Shan at Siro Kann bar
<b>21:00</b>	80s Show at Siro Kann bar

# Thursday

<b>09:00</b>	Stretching session – Meeting at the kid's club
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at the entertainment cabana
<b>16.00</b>	Creole lesson at the entertainment cabana
<b>16:30</b>	Beach volley – Meeting at the kid's club
<b>17:00</b>	Tai-Chi session – Meeting at the entertainment cabanaa
<b>20:30</b>	Quartet Band at Siro Kann bar
<b>21:00</b>	Bollywood show at Siro Kann bar

# Friday

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| 09:00 | Guided bike tour – Visit to Goodlands – Meeting point at the kid’s club |
| 09.00 | Archery session – Meeting point next to tennis court                    |
| 11.00 | Aqua gym at the main pool   |
| 13.30 | Table tennis at the entertainment cabana                                |
| 14:00 | <b>Veganuary - Mystery bite challenge at Kot Nou restaurant</b>         |
| 14.30 | Water Polo at the main pool   |
| 15.30 | Mauritian traditional games at the entertainment cabana                 |
| 16.00 | Bocce ball at the entertainment cabana                                  |
| 16:30 | Beach volley – Meeting at the Kid’s club                                |
| 20:30 | Quartet band at Siro Kann bar   |

# Saturday

<b>09:00</b>	Guided bike tour to the village of Cap Malheureux & MDC – Meeting at the kid's club
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at the entertainment cabana
<b>16.00</b>	Creole lesson at the entertainment cabana
<b>16.30</b>	Beach soccer – Meeting at the kid's club
<b>19:00</b>	Apero game at Siro Kann bar
<b>21:00</b>	Tropical Show at Siro Kann bar
<b>21:40</b>	Dj's night at Siro Kann bar

# Sunday

<b>09:00</b>	Abdominal session – Meeting at the kid's club
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at the entertainment cabana
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at the entertainment cabana
<b>16.00</b>	Bocce ball at the entertainment cabana
<b>16.30</b>	Beach soccer – Meeting at the kid's club
<b>20:30</b>	Quartet band at Siro Kann bar
<b>22:30</b>	Dj's Night – 80's night