



**Weekly program**

# **Teens Sport & Entertainment Program**

# Monday

<b>09:00</b>	Archery session – Next to tennis court.
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16.00</b>	Bocce ball at Vilaz Zilwa
<b>16:30</b>	Beach Volley – Meeting at the kid's club
<b>17:00</b>	Yoga on the beach –Meeting at entertainment cabana
<b>20:30</b>	Quartet Band at Siro Kann bar
<b>21:00</b>	Salsa initiation at Siro Kann bar

# Tuesday

<b>09:00</b>	Guided bike tour – Visit to Goodlands – Meeting point at the kid's club
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Sega initiation at Vilaz Zilwa
<b>16.00</b>	Creole lesson at Vilaz Zilwa
<b>16:30</b>	Beach soccer – Meeting at the kid's club
<b>19:00</b>	Management Cocktail
<b>21:00</b>	Sega show at Siro Kann bar
<b>21:40</b>	Dj's Night at Siro Kann bar

# Wednesday

<b>09:00</b>	Archery session – Next to tennis court.
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16:00</b>	Bocce ball– Metting at Vilaz Zilwa
<b>16:30</b>	Beach soccer - Meeting at kid's club
<b>17:00</b>	Yoga session – meeting at the kid's club
<b>20:30</b>	Eddy Fok Shan at Siro Kann bar
<b>21:00</b>	80s show at Siro Kann bar

# Thursday

<b>09:00</b>	Stretching session – Meeting at the kid's club
<b>11.00</b>	Aqua Gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16.00</b>	Creole lesson at Vilaz Zilwa
<b>16:30</b>	Beach volley – Meeting at the kid's club
<b>17:00</b>	Tai-Chi session – Meeting at the entertainment cabana
<b>20:30</b>	Quartet Band at Siro Kann bar
<b>21:00</b>	Bollywood show at Siro Kann bar

# Friday

<b>09:00</b>	Guided bike tour to Goodlands- Meeting at the kid's club
<b>09.00</b>	Archery session – Meeting point next to tennis court
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16.00</b>	Bocce ball at Vilaz Zilwa
<b>16:30</b>	Beach volley – Meeting at the Kid's club
<b>20:30</b>	Quartet band at Siro Kann bar

# Saturday

<b>09:00</b>	Guided bike tour to the village of Cap Malheureux & MDC – Meeting at the kid's club
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16.00</b>	Creole lesson at Vilaz Zilwa
<b>16.30</b>	Beach soccer – Meeting at the kid's club
<b>19:00</b>	Apero game at Siro Kann bar
<b>21:00</b>	Oriental Show at Siro Kann bar
<b>21:40</b>	Dj's night at Siro Kann bar

# Sunday

<b>09:00</b>	Abdominal session – Meeting at the kid's club
<b>11.00</b>	Aqua gym at the main pool
<b>13.30</b>	Table tennis at Vilaz Zilwa
<b>14.30</b>	Water Polo at the main pool
<b>15.30</b>	Mauritian traditional games at Vilaz Zilwa
<b>16.00</b>	Bocce ball at Vilaz Zilwa
<b>16.30</b>	Beach soccer – Meeting at the kid's club
<b>20:30</b>	Quartet band at Siro Kann bar
<b>22:30</b>	Dj's Night – 80's night