



WEEKLY PROGRAM

MONDAY

10:30	Pilate at Esplanade
11:30	Aqua gym at the main pool
14:30	Quiz at the Amphitheatre
15:30	Tennis volley at the main beach
16:30	Water polo at the main pool
20:30	Live music at the Amphitheatre

TUESDAY

10:30	Stretching at Esplanade
11:00	Cooking class at Kot Nou Restaurant
11:30	Aqua gym at the main pool
14:30	Pool table tournament at the Amphitheatre
15:30	Table tennis at the Seabreeze Bar
16:30	Pool volley at the main pool
20:30	Live music at the Amphitheatre

WEDNESDAY

10:30	Abs workout at Esplanade
11:30	Aqua gym at the main pool
14:00	Creole lesson at the Amphitheatre
14:30	Treasure hunt at the Amphitheatre
16:30	Beach volley at the main beach
20:30	Live music at the Amphitheatre

THURSDAY

10:30	Core workout at Esplanade
11:30	Aqua gym at the main pool
14:00	Archery initiation at the Seabreeze Bar
14:30	Bocci ball at the Seabreeze Bar
16:30	Beach soccer at the main beach
20:30	Live music at the Amphitheatre
21:00	African show at the Amphitheatre

FRIDAY

10:30	Stretching at Esplanade
11:00	Cooking class at Kot Nou Restaurant
11:30	Aqua gym at the main pool
14:00	Table tennis tournament at the Seabreeze Bar
14:30	Creole lesson at the Amphitheatre
16:30	Beach volley at the main beach
20:30	Live music at the Amphitheatre

SATURDAY

10:30	Abs class at Esplanade
11:30	Aqua gym at the main pool
14:00	Bocci ball at the Seabreeze Bar
15:30	Pool party at the main pool
16:00	Water polo at the main beach
20:30	Live music at the Amphitheatre

SUNDAY

10:30	Meditation at Esplanade
11:30	Aqua gym at the main pool
14:00	Olympique games at the main beach
15:30	Creole lesson at the Amphitheatre
16:30	Tennis volley at the main beach