



Weekly program

Teens Sport & Entertainment Program

Monday

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| 09:00 | Archery Session –
Meeting next to tennis court |
| 11.00 | Aqua gym at the main pool |
| 13.30 | Table tennis at the entertainment
cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional games at
the entertainment cabana |
| 16.00 | Bocce ball at the entertainment
cabana |
| 16:30 | Beach Volley – Meeting at the
kid's club |
| 17:00 | Yoga on the beach –Meeting at
entertainment cabana |
| 20:30 | Quartet Band at Siro Kann bar |
| 21:00 | Salsa initiation at Siro Kann bar |

Tuesday

09:00	Guided bike tour – Visit to Goodlands – Meeting point at the kid's club
09.00	Pilates session – Meeting at the Kid's club
11.00	Aqua Gym at the main pool
13.30	Table tennis at Vilaz Zilwa
14.30	Water Polo at the main pool
15.30	Sega initiation at Vilaz Zilwa
16.00	Creole lesson at Vilaz Zilwa
16:30	Beach soccer – Meeting at the kid's club
19:00	Management Cocktail near Taba-J
21:00	Stargazing near kot nou restaurant
21:00	Sega show at Siro Kann bar
21:40	Dj's Night at Siro Kann bar

Wednesday

09:00	Archery session – Next to tennis court.
10.30	Pilates session – Metting at the kid's club
11.00	Aqua Gym at the main pool
13.30	Table tennis at the entertainment cabana
14.30	Water Polo at the main pool
15.30	Mauritian traditional games at the entertainment cabana
16:00	Bocce ball– Metting at the entertainment cabana
16:30	Beach soccer - Meeting at kid's club
17:00	Yoga session – meeting at the kid's club
20:30	Live band at Siro Kann bar
21:00	Magic show at Siro Kann bar

Thursday

09:00	Stretching session – Meeting at the kid's club
11.00	Aqua Gym at the main pool
13.30	Table tennis at Vilaz Zilwa
14.30	Water Polo at the main pool
15.30	Mauritian traditional games at Vilaz Zilwa
16.00	Creole lesson at Vilaz Zilwa
16:30	Beach volley – Meeting at the kid's club
17:00	Tai-Chi session – Meeting at the entertainment cabana
20:30	Quartet Band at Siro Kann bar
21:00	Bollywood show at Siro Kann bar

Friday

09:00	Guided bike tour to Goodlands- Meeting at the kid's club
09.00	Archery session – Meeting point next to tennis court
11.00	Aqua gym at the main pool
13.30	Table tennis at the entertainment cabana
14.30	Water Polo at the main pool
15.30	Mauritian traditional games at the entertainment cabana
16.00	Bocce ball at Vilaz Zilwa
16:30	Beach volley – Meeting at the Kid's club
20:30	Quartet band at Siro Kann bar

Saturday

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| 09:00 | Guided bike tour to the village of Cap Malheureux & MDC – Meeting at the kid’s club |
| 11.00 | Aqua gym at the main pool |
| 13.30 | Table tennis at the entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional games at the entertainment cabana |
| 16.00 | Creole lesson at the entertainment cabana |
| 16.30 | Beach soccer – Meeting at the kid’s club |
| 19:00 | Apero game at Siro Kann bar |
| 21:00 | Tropicale Show at Siro Kann bar |
| 21:40 | Dj’s night at Siro Kann bar |

Sunday

09:00	Abdominal session – Meeting at the kid's club
11.00	Aqua gym at the main pool
13.30	Table tennis at the entertainment cabana
14.30	Water Polo at the main pool
15.30	Mauritian traditional games at the entertainment cabana
16.00	Bocce ball at Vilaz Zilwa
16.30	Beach soccer – Meeting at the kid's club
20:30	Quartet band at Siro Kann bar
22:30	Dj's Night – 80's night