



Weekly program

Sport & Entertainment Program

Monday

09:00	Archery session – Next to tennis court.
11.00	Aqua gym at the main pool
13.30	Table tennis at the entertainment cabana
14.30	Water Polo at the main pool
15.30	Mauritian traditional games at the entertainment cabana
16.00	Bocce ball at the entertainment cabana
16:30	Beach Volley – Meeting at the kid's club
17:00	Yoga on the beach –Meeting at entertainment cabana
20:30	Quartet Band at Siro Kann bar
21:00	Salsa initiation at Siro Kann bar

Tuesday

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| 09:00 | Guided bike tour – Visit to Goodlands – Meeting point at the kid’s club |
| 09.00 | Pilates session – Meeting at the Kid’s club |
| 11.00 | Aqua Gym at the main pool |
| 13.30 | Table tennis at entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Sega initiation at entertainment cabana |
| 16.00 | Creole lesson at entertainment cabana |
| 16:30 | Beach soccer- Meeting at the kid’s club |
| 19:00 | Management Cocktail next to taba-j |
| 21;00-22:00 | Stargazing near kot nou restaurant |
| 21:00 | Sega show at Siro Kann bar |
| 21:40 | Dj’s Night at Siro Kann bar |

Wednesday

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|---------------------|---|
| 09:00 | Archery session – Next to tennis court. |
| 10.30 | Pilates session – Metting at the kid's club |
| 11.00 | Aqua Gym at the main pool |
| 13.30 | Table tennis at the entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional games at the entertainment cabana |
| 16:00 | Bocce ball– Metting at the entertainment cabana |
| 16:30 | Beach soccer - Meeting at kid's club |
| 17:00 | Yoga session – meeting at the entertainment cabana |
| 20:30 -22:30 | Live band at Siro Kann bar |
| 21:00 -22:00 | Magic show at Siro Kann bar |

Thursday

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| 09:00 | Stretching session – Meeting at the kid's club |
| 11.00 | Aqua Gym at the main pool |
| 13.30 | Table tennis at the entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional games at the entertainment cabana |
| 16.00 | Creole lesson at the entertainment cabana |
| 16:30 | Beach volley – Meeting at the kid's club |
| 17:00 | Tai-Chi session – Meeting at the entertainment cabana |
| 20:30-22:30 | Quartet Band at Siro Kann bar |
| 21:00 -21:40 | Bollywood show at Siro Kann bar |

Friday

- 09:00-12:00** Guided bike tour to Goodlands-
Meeting at the kid's club
- 09.00-12:00** Archery session – Meeting point
next to tennis court
- 11.00** Aqua gym at the main pool
- 13.30** Table tennis at the entertainment
cabana
- 14.30** Water Polo at the main pool
- 15.30** Mauritian traditional games at
the entertainment cabana
- 16.00** Bocce ball at the entertainment
cabana
- 16:30** Beach volley – Meeting at the
Kid's club
- 20:30** Quartet band at Siro Kann bar

Saturday

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| 09:00 | Guided bike tour to the village of Cap Malheureux & MDC – Meeting at the kid’s club |
| 11.00 | Aqua gym at the main pool |
| 13.30 | Table tennis at the entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional game at the entertainment cabana |
| 16.00 | Creole lesson at the entertainment cabana |
| 16.30 | Beach soccer – Meeting at the kid’s club |
| 19:00 | Apero game at Siro Kann bar |
| 21:00-21:40 | Cultural Show at Siro Kann bar |
| 21:40-23:00 | Dj’s night at Siro Kann bar |

Sunday

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| 09:00 | Abdominal session – Meeting at the kid's club |
| 11.00 | Aqua gym at the main pool |
| 13.30 | Table tennis at the entertainment cabana |
| 14.30 | Water Polo at the main pool |
| 15.30 | Mauritian traditional games at the entertainment cabana |
| 16.00 | Bocce ball at the entertainment cabana |
| 16.30 | Beach soccer – Meeting at the kid's club |
| 20:30-22:30 | Quartet band at Siro Kann bar |
| 22:30-23:00 | Dj's Night – 80's night |