



WEEKLY PROGRAMME

For all items marked with " * ", prior booking needs to be done .

**Conditions apply as per package booked and a supplement might
be applicable. Feel free to ask for more information at the
Entertainment Kiosk from 09:30 – 18:00.**

MONDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

10:15 – 11:00	Giant chess
11:30 – 11:45	Cooking class at Kot Nou restaurant* - booking at Restaurant Booking Desk
12:45 – 13:45	Creativity session
13:45 – 14:45	Society games around the Pool
14:00 – 14:45	Bocce ball
15:00 – 15:45	Aqua dance in the Main Pool
15:30 – 16:00	Kreol lesson*
17:00 – 17:45	Sunset beach volley

GYM (Venue: Sports village)

09:00 – 09:30	Cardio sculpts
14:30 – 15:00	Circuit training
16:30 – 17:00	Body attack

Boathouse(Weather permitting)

09:40 & 14:00	Glass bottom boat *- Booking at Boathouse
14:40	Snorkelling trip *- Booking at Boathouse

Evening Entertainment

20:45 – 22:45	Trio electronic by Andy and band on Pool Bar dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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TUESDAY

Daytime Activities(Meeting point at Entertainment Kiosk)

10:15–10:45	Family sandcastle competition
11:30 – 12:00	Aqua Gym in the main pool
12:00 – 12:30	Cocktail demonstration at Pool Bar*
12:45 –13:45	Bocce ball
13:45 – 14:30	Fun games around the Pool
14:30 – 15:00	Kayak race competition
15:30 – 16:00	Traditional music lesson
17:15 – 17:45	Sunset yoga*

GYM (Venue: Sports village)

09:00 – 09:30	Cardio sculpts
14:30 – 15:00	Health track*
15:00 – 16:00	Ravenala Tennis tournament

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - booking at Boathouse
14:40	Snorkelling trip* - booking at Boathouse

Evening Entertainment (On the dancefloor)

20:45 –22:45	Sega dance show on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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WEDNESDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

10:15 – 10:45	Bocce ball initiation
11:30 – 12:00	Fitness dance in the Main Pool
12:45 – 13:45	Table tennis tournament
13:30 – 15:30	Society games around the Pool
14:00 – 14:45	Sarong demonstration around the Pool
15:30 – 16:00	Kreol lesson*

GYM (Venue: Sports village)

09:00 – 09:30	Bootcamp training
14:30 – 15:45	Lower body training
15:00 – 15:45	Basketball shooting challenge
16:30 – 17:00	Core Workout

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

Evening Entertainment (On the dancefloor)

18:30 -19:30	Live Piano Music at Balcony bar
20:45 – 22:45	Show Time on Pool Bar dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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THURSDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

11:30 – 12:00	Aqua volley at the Pool
12:15 – 12:45	Towel decoration
12:45 – 13:30	Disc relay
13:30 – 15:30	Fun games around the Pool
15:00 – 15:45	Aqua aerobics in the Main Pool
15:30 – 16:00	Traditional music lesson
17:00 – 17:45	Two tier bucket toss challenge

GYM (Venue: Sports village)

09:00 – 09:30	Stretching
14:30 – 15:00	Upper body training
16:30 – 17:00	Circuit training

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

Evening Entertainment

20:45 – 22:45	70's & 80's live band by Eddy Fok Chan on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

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FRIDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

10:15 – 10:45	Bocceball tournament on the beach
11:30 – 12:00	Aqua gym in the Main Pool
11:30 – 11:45	Cooking class at Kot Nou restaurant* - Booking at Restaurant Booking Kiosk
13:30 – 15:30	Society games around the Pool
14:00 – 14:45	Aqua tennis volley in the Main Pool
15:00 – 15:45	Water polo in the main Pool
15:30 – 16:00	Kreol lesson*
17:15 – 17:45	Beach volley competition

GYM (Venue: Sports village)

09:00 – 09:30	Fitness training
14:30 – 15:00	Health track
17:15 – 17:45	Tai chi by the Riverside

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

Evening Entertainment

18:30 - 19:30	Live Piano Music at Balcony bar
20:45 – 22:45	Show time on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

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SATURDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

11:30 – 12:00	Shooting challenge in the Main Pool
12:45 – 13:45	Table tennis tournament
13:45 – 15:45	Fun games around the Pool
15:00 – 15:45	Aqua aerobic in the Main Pool
16:30 - 17:30	Beach volley

GYM (Venue: Sports village)

09:00 – 09:30	Cardio session
14:30 – 15:00	Body weight
16:30 – 17:00	Lower body training

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

Evening Entertainment

20:45 – 22:45	Show time on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

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SUNDAY

Daytime Activities (Meeting point at Entertainment Kiosk)

10:15–10:45	Tennis volley tournament on the beach
11:30 – 12:00	Kayak by the river
13:30 – 15:30	Society games around the Pool
14:00 –14:45	Napkin decoration
15:00 – 15:45	Beach volley
17:00 –17:30	Bottle Fishing challenge

GYM (Venue: Sports village)

09:00 - 09:30	Stretching session
14:30 – 15:00	Bootcamp training
16:30 – 17:00	ABS workout

Boathouse (Weather permitting)

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

Evening Entertainment

18:30 -19:30	Live Piano Music at Balcony bar
20:45 –22:45	Trio band concert on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

TEENAGERS 13 – 17 YEARS OLD:

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