



# WEEKLY PROGRAM

**For all items marked with " \* ", prior booking needs to be done .**

**Conditions apply as per package booked and a supplement might be applicable. Feel free to ask for more information at the Entertainment Kiosk from 09:30 – 18:00.**

# MONDAY

*(Meeting point at Entertainment Kiosk)*

10:00– 10:45	Giant chess
11:30 – 11:45	Cooking class at Kot Nou restaurant* - booking at Restaurant Booking Desk
12:45 –13:45	Creativity session
13:45 – 14:45	Society games around the Pool
14:00 – 14:45	Bocce ball
15:00 – 15:45	Aqua dance in the Main Pool
15:30 – 16:00	Otentik Discovery: kreol lesson*
17:00 – 17:45	Sunset beach volley

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Cardio sculpts
14:30 – 15:00	Circuit training
17:15 – 17:45	Body attack

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat *- Booking at Boathouse
14:40	Snorkelling trip *- Booking at Boathouse

## Evening Entertainment

19:15 – 19:45	Bingo around the Pool Bar
20:45 –22:45	Trio electronic by Andy and band on Pool Bar dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

For all items marked with " \* ", prior booking needs to be done .

Conditions apply as per package booked and a supplement might be applicable. Feel free to ask for more information at the Entertainment Kiosk from 09:30 – 18:00.

# TUESDAY

*(Meeting point at Entertainment Kiosk)*

10:00–10:45	Family sandcastle competition
11:30 – 12:00	Aqua Gym in the main pool
12:00 – 12:30	Cocktail demonstration at Pool Bar
12:45 –13h45	Bocce ball
13:45 – 14:30	Fun games around the Pool
14:30 – 15:00	Kayak race competition
15:30 – 16:00	Traditional music lesson
17:15 – 17:45	Sunset yoga*

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Cardio sculpts
14:30 – 15:00	Health track
15:00 – 16:00	Ravenala Tennis tournament

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - booking at Boathouse
14:40	Snorkelling trip* - booking at Boathouse

## Evening Entertainment

20:45 –22:45	Séga show (Mauritian dance) on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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# WEDNESDAY

*(Meeting point at Entertainment Kiosk)*

11:30 – 12:00	Fitness dance in the Main Pool
13:30 – 15:30	Society games around the Pool
12:45 – 13:45	Table tennis tournament
14:00 – 14:45	Sarong demonstration around the Pool
15:30 – 16:00	Otentik Discovery: kreol lesson*

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Bootcamp training
14:30 – 15:45	Lower body training
15:00 – 15:45	Basketball shooting challenge
17:15 – 17:45	Core Workout

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

## Evening Entertainment

18:30 -19:30	Live piano at Balcony bar
20:45 – 22:45	Trio electronic by Andy and band on Bar dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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# THURSDAY

*(Meeting point at Entertainment Kiosk)*

11:30 – 12:00	Aqua volley at the Pool
12:15 – 12:45	Towel decoration
12:45 – 13:30	Disc relay
13:30 – 15:30	Fun games around the Pool
15:00 – 15:45	Aqua aerobics in the Main Pool
15:30 – 16:00	Traditional music lesson
17:00 – 17:45	Two tier bucket toss challenge*

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Stretching
14:30 – 15:00	Upper body training
17:15 – 17:45	Circuit training*

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

## Evening Entertainment

19:15–19:45	Apero games – Cigarette & hat on Pool Bar dancefloor
20:45 – 22:45	70's & 80's live band by Eddy Fok Chan on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

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# FRIDAY

*(Meeting point at Entertainment Kiosk)*

11:30 – 12:00	Aqua gym in the Main Pool
11:30 – 11:45	Cooking class at Kot Nou restaurant* - Booking at Restaurant Booking Kiosk
13:30 – 15:30	Society games around the Pool
14:00 – 14:45	Aqua tennis volley in the Main Pool
15:00 – 15:45	Water polo in the Main Pool
15:30 – 16:00	Otentik Discovery: kreol lesson*
17:15 – 17:45	Beach volley competition

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Fitness training
14:30 – 15:00	Health track
17:15 – 17:45	Tai chi by the Riverside

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

## Evening Entertainment

18:30 -19:30	Piano at Balcony bar
20:45 – 22:45	Show time on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

**Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.**

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# SATURDAY

*(Meeting point at Entertainment Kiosk)*

10:00 – 10:45	Bocceball tournament on the beach
11:30 – 12:00	Shooting challenge in the Main Pool
12:45 – 13:45	Table tennis tournament
13:45 – 15:45	Fun games around the Pool
15:00 – 15:45	Aqua aerobic in the Main Pool
16:30 - 17:30	Beach volley

## GYM

*(Venue: Sports village)*

09:00 – 09:30	Cardio session
14:30 – 15:00	Body weight
17:15 – 17:45	Lower body training

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40 Boathouse	Snorkelling trip* - Booking at Boathouse

## Evening Entertainment

20:45 – 22:45	Show time on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

Kindly join our teens entertainer at 11:00 at the Entertainment Kiosk.

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# SUNDAY

*(Meeting point at Entertainment Kiosk)*

10:00–10:45	Tennis volley tournament on the beach
11:30 – 12:00	Kayak by the river
13:30 – 15:30	Society games around the Pool
14:00 –14:45	Napkin decoration
15:00 – 15:45	Beach volley
17:00 –17:30	Bottle Fishing challenge

## GYM

*(Venue: Sports village)*

09:00 - 09:30	Stretching session
14:30 – 15:00	Bootcamp training
17:15 – 17:45	ABS workout

## Boathouse

*(Weather permitting)*

09:40 & 14:00	Glass bottom boat* - Booking at Boathouse
14:40	Snorkelling trip* - Booking at Boathouse

## Evening Entertainment

18:30 -19:30	Piano at Balcony bar
20:45 –22:45	Trio band concert on Pool Bar Dancefloor
23:00 – 02:00	Disco night at AFTER (as from 16 years)

### TEENAGERS 13 – 17 YEARS OLD:

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