

# Pilates & coconut trees



**From 23 to 27 February,**

join Lugdivine Meytre for a gentle and fun Pilates session! Lugdivine is a certified Pilates teacher, followed by thousands of fans on social.

Meet at the Lor Disab bar

9am to 10am – To start the day off right (23rd, 24th, and 27th February).

4pm to 5pm – Just before a dip in the lagoon (25th and 26th February).

**Classes for all levels and free of charge. Book your place at the Guest Relations desk.**

See you on the mat!



Zilwa Attitude is a brand of Attitude, a certified B Corp

