

## TROPICAL ATTITUDE

## A LA CARTE LUNCH

## SALAD

Fresh garden salad, Orange dressing Lettuce, Carrot, Chickpeas, Cucumber, Cabbage, Tomato [VEG, VEGAN, MTD] Rs200

### Grilled vegetable salad

Lettuce, Grilled vegetables, Olives, Marinated Feta cheese [VEG, MLK] Rs230

### Mauritian-style Niçoise salad

Lettuce, Tuna flakes, Hard boiled eggs, Potato, Onions, Green beans, Tomato, Olives [FSH, EGG, MTD] Vegetarian option: No Tuna Rs 260

## SANDWICH

Chili bite salad baguette [VEG, VEGAN, GLU] Rs 230

Grilled vegetable & pesto panini [VEG, GLU, MLK, NUT] Rs 290

### **Croque Monsieur**

Toasted sandwich with Pork ham [PRK] **Or** Chicken ham [MLK, GLU] **Rs 300** 

### **Beef Burger**

[GLU, BEF, SSE, MLK] Rs 400

### **Chicken Burger**

[GLU, SSE, MLK] Rs 400

All sandwiches are served with French fries.

## SIGNATURE DISHES

### **Grilled** Fish

Onions & lemon skewers, French fries, Or Savoury rice, Mixed salad, Lemon butter sauce [FSH, MLK] Rs 460

### Vegetarian Thali Of The Day

Rice, Lentils, Mixed chutneys [VEG, VEGAN] Rs 435

### Fish & eggplant curry

Rice, Lentils, Sauteed local greens, Mixed chutneys [FSH] Rs 490

### Chicken fricassee

Rice, Lentils, Sauteed local greens, Mixed chutneys Rs 520

### Tofu, chickpeas & local greens

Rice, Lentils, Mixed Chutneys & Pickles of the day [VEG, VEGAN, SOY] Rs 435

# SPECIALITY OF THE DAY

Ask your waiter for the special dish of the day Rs 400

## PIZZA [GLU, MLK]

### Margherita Pizza Tomato, Basil [VEG] Rs 400

### Fresh Garden Pizza

Broccoli, Mushrooms, Tomato, Onions, Black & green olives [VEG] Rs 460

### Port Louis Pizza

Spicy Beef, Mushroom, Chilli [BEF] Rs 460

### The Bay Pizza

Tuna, Pineapple, Chilli [FSH] Rs 460

Trou D'eau Douce Pizza

Tandoori chicken, Bell peppers Rs 460

## PASTA

### SPAGHETTI, PENNE, LINGUINNI

[GLU, EGG] Rs 435

### Napolitana Sauce

Onions, Garlic, Tomato & Basil [VEG]

### Arrabbiata Sauce

Local diced vegetables, Olives, Tomato and Parmesan cheese [VEG, MLK]

### **Bolognese Sauce**

Onions, Garlic, Tomato, Carrot, Celery, Beef, Herbs [BEF, CEL] Chicken Alfredo Onions, Garlic, Chicken, Mushrooms, Cream [MLK] Vegetarian option available

## SUPPLEMENT

Grilled Lobster with Lemon butter sauce [CRU, MLK] Rs 1700

Or Grilled Tiger Prawns with Garlic sauce

[CRU, MLK] Rs 1035

All supplement dishes are served with sauteed vegetables and parsley rice.

## DESSERT

Fresh fruit salad, Sorbet of the Day Rs 260

Chocolate flan and Whipped cream [MLK, EGG] Rs 260

Caramelized Banana with Vanilla ice cream

[MLK, EGG] Rs 260

Assorted ice cream rolls of the day Selection of fresh toppings [MLK]

Rs 260

Prices are in Mauritian rupees. All prices are inclusive of 15% government tax and exclusive of 10% discretionary service tips.

Please note that allergen abbreviations do not include trace amounts of allergens that dishes may contain.

Please notify the restaurant manager should you have any food allergies.

SOYA	[ SOY ]
CELERY	[CEL]
NUTS	[ NUT ]
PEANUTS	[ PNT ]
MUSTARD	[ MTD ]
LUPINS	[ LUP ]
SULPHATES	[ SUL ]
SESAME	[ SSE ]
GLUTEN	[GLU]
MILK	[ MLK ]
EGG	[EGG]
CRUSTACEAN	[ CRU ]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
VEGETARIAN	[VEG]
PORK	[PRK]
BEEF	[BEF]