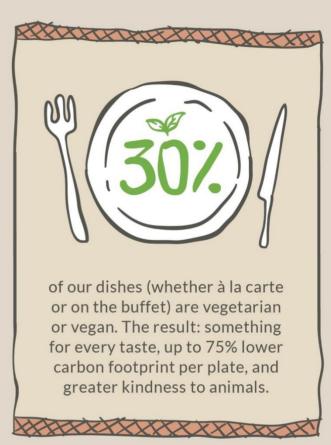


A BITE BY THE POOL

Committed - Right to your plate

As a purpose-led, B Corp certified business, we cook responsibly, with heart and good sense.





Look for these symbols: 100% PLANT-BASED VEGETARIAN

Less waste

We forecast covers, track waste with smart bins, cook to order, and reuse surplus for staff meals.

Want to help? Just listen to your appetite you can always come back for more.

No salmon here

Too many chemicals, too big an environmental impact. We choose fresh, local and more sustainable species instead.





The Market

Here, the atmosphere is as lively as a Mauritian market: colours, aromas, live cooking... From morning until evening, The Market offers a variety of pleasures: a generous breakfast, à la carte lunch with Papaya, or dinner across several stations – salads, curries, pasta, grilled dishes... And always vegan alternatives.

POKÉ BOWLS RS 750

Seafood Cocktail

Fish, Calamari, Shrimp, Lettuce, Pineapple, Onion, Tomato, Peppers, Cucumber, Barley pearl Cocktail sauce [FSH, MLS, CRU, MLK, EGG, MTD]

Seared Tuna Niçoise

Seared Red Tuna, Tomato, Hardboiled egg, French Beans, Peppers, Lettuce, Olives, Red radish, Anchovy and Glass noodles, Honey mustard dressing [FSH, MTD, EGG]

Mauritian Poke Bowl

Steamed Octopus, Tomato, Onion, Lettuce, Green papaya, Coriander, Chilli, Cucumber, Chives, Steamed rice, Passion fruit vinaigrette [MLS]

Quinoa Bowl **

Tofu, Quinoa, Beetroot, Alfalfa sprouts, Butter beans, Carrot, Lettuce, Orange & soy vinaigrette [SOY] [PLANT-BASED, VEG]

Roasted & Rooted Bowl

Lettuce, Roasted carrot, Zucchini, Tomato, Black lentils, Steamed sweet potato, Young sprouts, Creamy relish [SOY] [PLANT-BASED, VEG]

Healthy bowl ₩

Avocado, Chickpeas, Cucumber, Cherry tomato, Lettuce, Pumpkin, Red cabbage, Orange, Brown rice, Sunflower seeds, Tahini sauce [SSE] [PLANT-BASED, VEG]

SANDWICHES & BURGERS

All sandwiches & burgers to be served with French fries Or Salad.

Croque Monsieur

White toast, Cheddar cheese, Chicken Ham, Bechamel [GLU, MLK] Rs 750

French Baguette

Grilled Beef mini steak, Mustard, Lettuce, Tomato, Gherkin, Caramelized onions [BEF, MTD, GLU] Rs 750

Tofu Baguette

Grilled tofu, Mustard, Lettuce, Tomato, Onion, Gherkins [MTD, SOY, GLU] [PLANT-BASED, VEG] Rs 450

Club Sandwich

Chicken slices, Tomato, Lettuce, Mayonnaise, Bacon, Fried egg [GLU, PRK, EGG, MLK, MTD] Rs 850

The Local Sandwich

Local greens, taro and potato toasted sandwich, curry leaves pesto and tamarind chutney [GLU] [PLANT-BASED, VEG] Rs 400

Beef Burger

Ground Beef patty, Lettuce, Cheese, Bacon, Tomato, Caramelized onions, Gherkin, Honey-mustard [BEF, GLU, MTD, MLK, PRK] Rs 850

Bryiani-spiced Veggie Burger

Local root-vegetable patty, Raita, Star fruit pickle, Lettuce, Coriander and Cumin bun [GLU, MLK, MTD] [VEG] Rs 400

The Unconventional Burger

"Unconventional" burger patty, Tapenade, Lettuce, Tomato, Caramelized onions, Gherkins, Vegan cheese [GLU, MLK] [PLANT-BASED, VEG] Rs 750

Chicken Wrap

Wholewheat tortillas, Crispy Chicken, Tartar sauce, Onion, Lettuce, Cucumber, Tomato [GLU, EGG, MTD] Rs 750

Wholewheat tortillas, Roasted local vegetables, Hummus and Watercress [GLU, SSE] [PLANT-BASED, VEG] Rs 550

Green Panini 🌳



PIZZA

Gluten-free pizza available upon request.

Early Sunrise

Tomato sauce, Mushroom, Smoked marlin, Mozzarella, Chilli oil and Onions [GLU, MLK, FSH] Rs 650

Cured Meat

Tomato sauce, Salami, Onions, Pineapple, Olives & Mozzarella [GLU, PRK, MLK]
Rs 650

The Provencal

Tomato sauce, Tomato, Mushroom, Origano, Olives and Vegan Mozzarella [GLU, MLK] [PLANT-BASED, VEG] Rs 550

PASTA

Gluten free pasta available upon request

Signature Napolitana

Tomato sauce, Spinach, Eggplant, Olives and Herbs [PLANT-BASED, VEG] Rs 500

Marinara

Fish, Shrimp, Calamari, Tomato sauce, Cream and Herbs [FSH, CRU, MLS, MLK]
Rs 550

ON THE GRILL

For your sides, you can choose 2 from the following selection: Sautéed vegetables
Mixed salad
Saffron rice
Potato chips
Potato wedges
[PLANT-BASED, VEG]

Chicken

Roasted Chicken breast with garlic & herbs, Creole sauce Rs 700

Beef

Mini steak, Pepper sauce [BEF, MLK]
Rs 850

Fish

Grilled Fish fillet, Lemon butter sauce [FSH, MLK, MTD]
Rs 700

Earthy Meatballs **

Vegan meatballs, vegetable and young corn skewers, Satay sauce [PNT, SOY] [PLANT-BASED, VEG]
Rs 600

MAURITIAN SPECIALITY

Dry Beef curry with potato, Vegetable fricassée, Rice, Lentils, Local tomato chutney, Cucumber and carrot salad [BEF] Rs 850

Plant-based option **

Jackfruit curry with potato, Vegetable fricassée, Rice, Lentils, Local tomato chutney, Cucumber and carrot salad Rs 650

SUPPLEMENTS

Millionaire salad **

Palmheart, Tomato, Onion, Chilli, Fresh coriander, Lettuce, Cucumber, Lemon [PLANT-BASED, VEG] Rs 920

King Prawns

Grilled King Prawns, Creole rice, Young vegetables, Lemon butter sauce [CRU, MLK]

Rs 1725

Rock Lobster

Grilled Rock Lobster glazed with lime and garlic, Creole rice, Young vegetables, Lemon butter Or Rougaille sauce [CRU, MLK]
Rs 2415

Seafood platter

Half Lobster, Giant Prawn, Shrimp skewer, Mussels, Calamari, Fish, Creole rice, Young vegetables and Lemon butter Or Rougaille sauce [CRU, FSH, MLS, MLK]
Rs 2645

Beef Rump steak

Potato wedges, Mesclun salad and Bearnaise sauce [BEF, MLK]
Rs 2070

Whole Baby Fish

(upon fresh availability)

Creole rice, Sautéed vegetables, Potato wedges, Grilled lemon, Sauce duo [FSH, MLK] Rs 1380

Lamb chop Cacciatore

Rosemary, Tomato, Garlic, Onions, Olives, Red wine, Spaghetti [ALC] Rs 2070

DESSERT

Coconut dome [EGG, MLK, GLU, NUT] Rs 400

White chocolate mousse [MLK, EGG]
Rs 400

Caramelized pineapple P
[MLK]
[VEG]
Rs 350

Exotic fruit salad flavoured with lemongrass [PLANT-BASED, VEG]
Rs 350

Tapioca pearls with coconut milk and grass jelly [NUT]
[PLANT-BASED, VEG]
Rs 250

Green papaya creamy pie P
[GLU, MLK]
[VEG]
Rs 225

DIETARY PREFERENCES

Whether you're vegetarian, fully plant-based, or simply curious, we warmly invite all our guests to explore our delicious plant-powered dishes. And there are *planty* of good reasons to try them: thoughtfully crafted and full of flavours, these options offer the same exceptional quality and taste—while reflecting our commitment to a kinder planet and our goal to serve at least 30% vegetarian and plant-based dishes. Look for our and labels on the dishes to join our sustainable journey, one tasty bite at a time.

SUITABLE FOR VEGETARIANS SUITABLE FOR PLANT-BASED

[VEG]
[PLANT-BASED]

FOOD ALLERGENS DISCLAIMER

We list the primary allergens present in each dish using standard abbreviations. However, despite our best efforts, trace amounts of allergens may still be present upon the manufacturing of some ingredients that we use. Our kitchen uses a wide range of ingredients which may contain or come into contact with common allergens, including but not limited to: gluten, peanuts, tree nuts, dairy, eggs, soy, fish, shellfish, etc...

If you have a food allergy or dietary restriction, please inform the Restaurant Manager or Chef before placing your order.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[NUT]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[GLU]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[CRU]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
PORK	[PRK]
BEEF	[BEF]