



LORDISAB
LUNCH BUFFET

STARTERS

Make your own salad

Seafood [FSH, CRU, MLS]
Couscous [VEG, GLU]
Fried eggplant [VEG]
Marinated tofu [VEG, SOY]
Chickpeas [VEG]
Roasted carrot [VEG]
Cheddar cheese [MLK]
Grilled chicken sausages [GLU, SOY]

Watercress, White cucumber,
Beetroot, Tomato, Carrot, Feta
cheese [MLK]

Curried apple dressing [MTD],
Lemon dressing [MTD], French
dressing [MTD]

Assorted condiments

Garlic croutons [GLU]

MAIN COURSE

Christophine stew with thyme
[VEG]

Gratinated Beef lasagna
[BEF, GLU, MLK]

Baked vegetable tian
[VEG]

Chicken wings Thai ginger curry
with lime leaves

Western fries with Cajun spices
[VEG]

Corn and herb rice [VEG]

Pizza

Tuna pizza [FSH, GLU, MLK]
Margherita pizza [GLU, VEG, MLK]

Live pasta

Fusilli with chicken carbonara
[GLU, MLK]

Live grill

Grilled fish steak, creole sauce
[FSH]

Grilled chicken, BBQ and rosemary
sauce [SOY, GLU]

DESSERTS

Passion fruit mousse [GLU, MLK,
EGG]
Chocolate sponge cake [GLU, MLK,
EGG, SOY]
Vanilla crème brûlée [GLU, MLK, EGG]
Diplomat pudding [GLU, MLK, EGG]

Sugar free

Almond tartlet [GLU, MLK, EGG, NUT]

Ice cream selection

Chocolate [MLK, SOY]
Strawberry [MLK]
Vanilla [MLK]
Mango sorbet

Please notify the restaurant manager should you have any food allergies.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[NUT]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[GLU]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[CRU]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
VEGETARIAN	[VEG]
PORK	[PRK]
BEEF	[BEF]

Please note that allergen abbreviations do not include traces of allergens that the dish may contain.