



LORDISAB  
LUNCH BUFFET

## STARTERS

### Make your own salad

Green Beans  
Tuna flakes [FSH]  
Hard boiled eggs [EGG]  
Potato cubes  
Roasted beef [BEF]  
BBQ chicken [SOY, GLU]  
Candied pineapple  
Roasted vegetables [VEG]

Lettuce, Carrot, White cabbage,  
Red cabbage, Green cucumber,  
Tomato

Lemon dressing [MTD], Mustard  
dressing [MTD], Balsamic dressing  
[MTD], Cocktail sauce [MTD, EGG],  
Marinated green olives, Marinated  
black olives

## MAIN COURSE

Crispy Chicken thigh, honey  
mustard sauce [MTD]  
Seafood curry with eggplant and  
coriander [GLU, FSH, CRU, MLS]  
Dauphinois gratin with mushrooms  
[EGG, MLK]  
Pumpkin and thyme fricassee [VEG]  
Nasi goreng with lime leaves and  
scallions [GLU, SOY]  
Sautéed green beans and carrot  
[VEG]

## Pizza

Hawaiian pizza [GLU, MLK]  
Margherita pizza [GLU, VEG, MLK]

## Live Pasta

Sautéed spaghetti with Neapolitan  
sauce [GLU, VEG]

## Live Grill

Grilled Beef steak with pepper  
sauce [BEF]  
Grilled white tuna with tropical  
salsa [FSH]

## DESSERTS

Fruit salad flavoured with  
lemongrass [VEG]  
Dark chocolate mousse [EGG, MLK]  
Fruit genoise [GLU, EGG, MLK]  
Crème caramel [MLK, EGG]

Chocolate and banana pudding  
[GLU, NUT, EGG, MLK, SOY]

## Sugar free

Banana tartlet [GLU, NUT, EGG, MLK]

## Ice cream selection

Almond [MLK, NUT]  
Strawberry [MLK]  
Vanilla [MLK]  
Passion fruit sorbet

Please notify the restaurant manager should you have any food allergies.

SOYA	[ SOY ]
CELERY	[ CEL ]
NUTS	[ NUT ]
PEANUTS	[ PNT ]
MUSTARD	[ MTD ]
LUPINS	[ LUP ]
SULPHATES	[ SUL ]
SESAME	[ SSE ]
GLUTEN	[ GLU ]
MILK	[ MLK ]
EGG	[ EGG ]
CRUSTACEAN	[ CRU ]
FISH	[ FSH ]
MOLLUSK	[ MLS ]
ALCOHOL	[ ALC ]
VEGETARIAN	[ VEG ]
PORK	[ PRK ]
BEEF	[ BEF ]