

LORDISAB LUNCH BUFFET

STARTERS

Make your own salad

Boiled egg[EGG]
Roasted pumpkin [VEG]
Marinated chayote[VEG]
Braised beef[BEF]
Tunaflakes[FSH]
Broccoli [VEG]
Peas [VEG]
Corn [VEG]

Assorted crudités with dressings and condiments [MTD)]

MAIN COURSE

Sautéed potato with onions, garlic, and thyme [MLK, VEG]
Beef Bourguignon with glazed vegetables [BEF, GLU, CEL, ALC]
Chicken Merguezrougaille [GLU]
Sautéed carrots with peas [MLK, VEG]
Steamed rice[VEG]
Stir-fried vegetables with coriander [SOY, GLU, VEG]

Pizza

Con funhgipizza [GLU, MLK] Margherita pizza [GLU, VEG, MLK]

Live Pasta

Fusilli with black pepper beef and broccoli[GLU, BEF]

Live Grill

Grilled white tuna [FSH]
Grilled marinated peri-peri chicken breast [GLU]

DESSERTS

Red Velvet [GLU, MLK, EGG]
Coconut Moelleux [GLU, MLK, EGG]
Mud Cake [GLU, MLK, EGG]
Coffee Panacotta [MLK]
Banana With Cinnamon Syrup
Berry Crumble [GLU, MLK, EGG, NUT]

Please notify the restaurant manager should you have any food allergies.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[NUT]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[GLU]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[CRU]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
VEGETARIAN	[VEG]
PORK	[PRK]
BEEF	[BEF]