

LORDISAB LUNCH BUFFET

## **STARTERS**

# Make your own salad

Boiled egg [EGG]
Roasted pumpkin [VEG]
Marinated chayote [VEG]
Braised beef [BEF]
Tuna flakes [FSH]
Broccoli [VEG]
Peas [VEG]
Corn [VEG]

Assorted crudités with dressings and condiments [MTD)]

# **MAIN COURSE**

Sautéed potato with onions, garlic, and thyme [MLK, VEG]
Beef Bourguignon with glazed vegetables [BEF, GLU, CEL, ALC]
Chicken Merguez rougaille [GLU]
Sautéed carrots with peas [MLK, VEG]
Steamed rice [VEG]
Stir-fried vegetables with coriander [SOY, GLU, VEG]

#### Pizza

Con funhgi pizza [GLU, MLK] Margherita pizza [GLU, VEG, MLK]

#### Live Pasta

Fusilli with black pepper beef and broccoli [GLU, BEF]

#### Live Grill

Grilled white tuna [FSH]
Grilled marinated peri-peri chicken
breast [GLU]

## **DESSERTS**

Fruit skewers
White chocolate mousse [GLU, MLK, EGG]
Orange cake [GLU, MLK, EGG]
Coffee flan [MLK, EGG]

Caramelized fruits

# Sugar free

Pineapple tartlet [GLU, MLK, EGG]

#### Ice cream selection

Strawberry [MLK] Almond [MLK, NUT] Vanilla [MLK] Pineapple sorbet Please notify the restaurant manager should you have any food allergies.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[NUT]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[GLU]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[CRU]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
VEGETARIAN	[VEG]
PORK	[PRK]
BEEF	[BEF]