

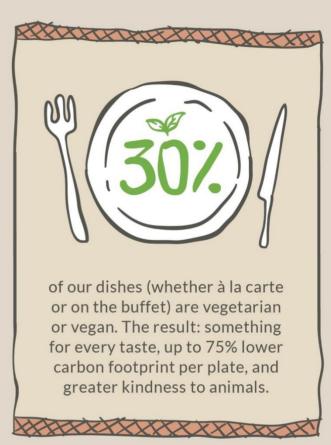
# The Shaker Bar Lunch Menu

(12hr00 - 17h00)

# **Committed - Right to your plate**

As a purpose-led, B Corp certified business, we cook responsibly, with heart and good sense.





Look for these symbols: 100% PLANT-BASED VEGETARIAN

# Less waste

We forecast covers, track waste with smart bins, cook to order, and reuse surplus for staff meals.

Want to help? Just listen to your appetite you can always come back for more.

# No salmon here

Too many chemicals, too big an environmental impact. We choose fresh, local and more sustainable species instead.





## **SALADS**\*

#### Coin de Mire salad

Flaked tuna, potato, olives, onion rings, tomato, cucumber, lettuce, boiled egg, lemon, classic dressing [FSH, EGG, MTD]

Rs 445.00

## Le Cap salad 🎾

Lettuce, mixed grilled vegetables, tomato, onion rings, quinoa, pesto dressing [NUT]

PLANT-BASED, VEG] Rs 460.00

#### Chicken Caesar salad

Roasted chicken, lettuce, tomato, black olives, Parmesan, anchovy, boiled egg, croutons, ceasar dressing [FSH, EGG, MLK, GLU]
Rs 490.00

## **SANDWICHES\***

#### Club sandwich

Chicken, fried egg, bacon, lettuce, tomato, mayonnaise [GLU, PRK, EGG, MLK]
Rs 550.00

## **Croque Monsieur**

Toasted Chicken ham and cheese sandwich, topped with a fried egg [GLU, MLK, EGG]
Rs 450.00

## Croque Madame

Toasted Pork ham and cheese sandwich, topped with a fried egg [GLU, MLK, PRK, EGG]
Rs 450.00

#### Tuna salad

Homemade traditional bread, lettuce, mayonnaise, onion, tuna, tomato, coriander [GLU, FSH, EGG] Rs 450.00

#### Roasted Chicken

Baguette, roasted chicken, cheese, mayonnaise, lettuce, onion ring, tomato [GLU, EGG]
Rs 470.00

## Cheese

Baguette, lettuce, tomato [GLU, MLK] [VEG]
Rs 450.00

## The Mauritian "falafel"

Pita bread, chilli bites, hummus, lettuce, tomato, onion, coriander [GLU, SSE] [PLANT-BASED, VEG]
Rs 450.00

## **BURGERS**\*

#### Beef

Onion, tomato, cheese, mayonnaise, fried egg, lettuce [BEF, GLU, MLK, EGG, SSE] Rs 490.00

#### Chicken

Onion, tomato, cheese, mayonnaise, lettuce [GLU, MLK, EGG, SSE] Rs 470.00



Bryani-spiced burger patty, tamarind chutney, raita and star fruit pickles [GLU, MLK, MTD] [VEG] Rs 400.00

## **PANINIS**\*

# Grilled vegetables

Eggplant caviar, pesto, vegan cheese [GLU] [PLANT-BASED, VEG] Rs 400.00

#### **Smoked Marlin**

Pesto, and cheese [FSH, GLU, MLK] Rs 450.00

#### Chicken ham

Pesto, and cheese [MLK, GLU]
Rs 450.00

## PIZZA\*

## Margherita 🏿

Tomato sauce, mozzarella, basil [GLU, MLK] [VEG]
Vegan cheese available upon request Rs 450.00

## Veggie lovers **2**

Tomato sauce, grilled vegetables, caramelized onions, mozzarella, basil MLK, GLU] [VEG] Vegan cheese available upon request Rs 450.00

## The Provencal 🎾

Tomato sauce, vegan cheese, bell peppers, mushrooms, black olives, basil [GLU] [PLANT-BASED, VEG] Rs 450.00

### **BBQ** Chicken

Tomato sauce, pineapple, chicken, olive, onion, green chillies, bbq sauce, mozzarella, oregano [GLU, MLK]
Rs 480.00

## La passe

Tomato sauce, seafood, mushrooms, capers, mozzarella, oregano [GLU, MLK, CRU, MLS, FSH] **Rs** 550.00

## **DESSERT**\*

### Rs 290.00

#### Chocolate cake

Vanilla ice cream [GLU, MLK, EGG, SOY]

## Caramelized pineapple

Coconut ice cream [MLK] [VEG]

Fresh fruit salad [PLANT-BASED, VEG]

# Selection of ice creams [MLK, EGG]

Prices are in Mauritian rupees.

All prices are inclusive of 15% government tax and exclusive of 10% discretionary service tips.

<sup>\*</sup>Included in the All In All Out package.

#### **DIETARY PREFERENCES**

Whether you're vegetarian, fully plant-based, or simply curious, we warmly invite all our guests to explore our delicious plant-powered dishes. And there are *planty* of good reasons to try them: thoughtfully crafted and full of flavours, these options offer the same exceptional quality and taste—while reflecting our commitment to a kinder planet and our goal to serve at least 30% vegetarian and plant-based dishes.

Look for our and labels on the dishes to join our sustainable journey, one tasty bite at a time.

SUITABLE FOR VEGETARIANS SUITABLE FOR PLANT-BASED

[VEG]
[PLANT-BASED]

#### **FOOD ALLERGENS DISCLAIMER**

We list the primary allergens present in each dish using standard abbreviations. However, despite our best efforts, trace amounts of allergens may still be present upon the manufacturing of some ingredients that we use. Our kitchen uses a wide range of ingredients which may contain or come into contact with common allergens, including but not limited to: gluten, peanuts, tree nuts, dairy, eggs, soy, fish, shellfish, etc...

If you have a food allergy or dietary restriction, please inform the Restaurant Manager or Chef before placing your order.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[ NUT ]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[GLU]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[CRU]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
PORK	[PRK]
BEEF	[BEF]