## **BREAKFAST MENU**

Seasonal fruit platter

Chicken ham & Cheese platter [MLK]

Select your Pastries:

Croissant, Pain au chocolat, Cake, Pancakes [GLU,EGG,MLK]

Select your Cereals:

Cornflakes, Bran flakes, Rice crispies, Muesli, Porridge With milk (Low-fat or Soya) or with plain yoghurt [GLU, MLK]

Select your Breads:

Homemade local bread [GLU], Toast (White or Brown) [GLU], Health rolls [GLU,NUT], Gluten free buns

Select your Top ups for your bread &/or pancakes: Peanut butter [PNT], Jam, (Banana, Pineapple or Marmelade), Honey, Chocolate sauce [MLK], Brown sugar

Create your English breakfast:

Eggs selection: Fried or Scrambled or Boiled or Poached

or Omelette selection: Plain or Cheese and tomato or Cheese and Chicken ham [EGG, MLK]

Choose your sides: Bacon [PRK] or Chicken sausage; Baked beans; Potato of the day; Grilled tomato

Select your Beverages:

Juices: Orange, Pineapple, Tropical Coffee Tea Hot chocolate Please notify the restaurant manager should you have any food allergies.

SOYA	[SOY]
CELERY	[CEL]
NUTS	[NUT]
PEANUTS	[PNT]
MUSTARD	[MTD]
LUPINS	[LUP]
SULPHATES	[SUL]
SESAME	[SSE]
GLUTEN	[ GLU ]
MILK	[MLK]
EGG	[EGG]
CRUSTACEAN	[ CRU ]
FISH	[FSH]
MOLLUSK	[MLS]
ALCOHOL	[ALC]
VEGETARIAN	[ VEG ]
PORK	[PRK]
BEEF	[BEF]